

# Learn to Play Volleyball

Five week series

5th/6th Grade

7th/8th Grade

March 25th, April 1st, 15th, 22nd & 29th

4:30pm - 6:00pm, Wednesdays

\$65

Session #2

Returning participants and new participants welcomed.



## A Comprehensive and Fun Instructional Program

### Introduction to Individual Skills & Team Skills

Individual fundamentals, drills and methods.

### Introduction to Game Rules & Team Play

Principles, basic rules and positioning.

### Learn Cooperative & Competitive Play

Individual and team situations.

### Develop Personal and Team Skills

Individual skills and team work for success.

### Understand How to Think on the Court

What makes a winner.

### Drills for Team and Individual Situations

### Scrimmages & Developmental Games

Limited registration. 24 Each age group.

## All-Tournament Players Park

A brand new tournament sports volleyball, basketball, baseball & softball facility including 4 indoor courts. Located 4 miles south of downtown Woodstock on Hwy 5.

**FOR MORE INFORMATION AND REGISTRATION GO TO**

**[www.alltournamentplayerspark.com](http://www.alltournamentplayerspark.com)**

**678-384-6500**

### Grace Fossier

High School Coach & Club Ball Coach

Learn the game of competitive volleyball from lead instructor Grace Fossier who has coached players new to the sport, high school teams, & travel/club competition teams. Grace loves to introduce young players to the game of volleyball. She understands working with players at their own pace as they develop skills and experience game play.

### Let's learn to play competitively!

This is a great way discover if you love the sport. Young players have the opportunity to learn the individual and team skills necessary to become part of a team.

HIGH SCHOOL TEAMS all over Cobb and Cherokee are looking for players who have learned the fundamental skills before entering High school. Endorsed by varsity coaches, this program is designed to give Jr. high school players a head start on making the team.

*On-line registration & payment available on our website. Please check our site or call us for more information. Hope to see you at the park.*